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Caminho Portugues 2020 Packing List

Pilgrim Passport from www.caminosociety.com

Even the most experienced pilgrim has a packing list.

Backpack - [Lowe Alpine 35litre Airzone Trail](#)

Shoes - [Salomon X Ultra Trail Shoes with insoles](#) / [Crocs Men's Swiftwater River Sandal](#)

Rain Jacket - [Helly Hansen rain jacket](#) and [Columbia rain trousers](#)

For water: [Contigo 720ml water bottle](#)

A walking pole? - Pacerpoles / Leki / Wooden stick - Buy one when you arrive?

Clothes:

- [Craghopper Nosilife zip off trousers](#)
- [Craghoppers long sleeve shirt](#)
- [Colombia short sleeved shirt](#)
- [RAB Micro fleece](#)
- [2 pair of Bridgedale socks](#)
- [2 pair of Under Armour](#)
- [Jack Wolfskin baseball cap](#)
- [Buff](#)

[Sleeping bag liner - Sea to Summit](#)

Towel: [Mountain Warehouse quick dry Microfibre towel](#)

Soap: [Lifeventure All-purpose soap 100ml](#)

Several safety pins for hanging laundry

Wash kit & [Earplugs](#)

Prescription

[Gehwol cream for feet](#)

Electronics:

Mobile Phone, Spanish plug adapter and charging cable, earphones.

Fitbit & charging cable

[Small over-the-shoulder bag](#)

Essentials:

[EHIC card](#) / Health insurance details

[Shell](#)

Credit / Debit card

Passport & [Credential from Camino Society Ireland](#)

Credit / Debit card

Flight details

[Patience](#)